



Baked Salmon Salad Over Seasonal Greens

Ingredients:

2 c spinach
3 oz baked salmon (salt and pepper to taste)
½ c julienned apples
1 tablespoon toasted sunflower seeds
¼ cup chopped dates
2 tablespoons lemon dressing
!Dressing
1 fresh lemon (juiced)
salt & pepper to taste
1 teaspoon pure olive oil

Directions:

Bake salmon at 350 degrees for 15 minutes
Toss remaining salad ingredients
Whisk dressing ingredients together and drizzle over salad